

Meeting Summary of the Kentucky Mental Health Services Planning Council
August 17, 2006, 10:00am- 2:00pm
Department for Transportation Bldg. Frankfort, Kentucky

Council Members Present: Rebecca Garrett, Robert R. Hicks, Janet Gothard, Lynn Haney, Carmilla Ratliff, Dan Howard, Trudy Abshire, Mary Sue Klusman, Carol Estes, Anita Jennings for Donna Hillman, Shelley Adams, Rita Brooks, Betty Jo Moss, Steve Liles, Jim Sparks, Gayla Hayes, Doreen Mills, William Heffron, Steve Hartwig, Heidi Schissler for Jan Powe, Artye Dulaney for Toyah Robey

Council Members Absent: Molly Clouse, Carolyn Kates-Glass, Kevin Pangburn, Kathleen Casper, Toyah Robey, Stephanie Shepard, Phil Gunning, Donna Hillman, Sharma Klee, Jan Powe, Marty Harrison

DMHSA Staff: Michele Blevins, Rita Ruggles, Louis Kurtz, Anita Jennings, Annette Gatewood

Guests: Ron Ashton

TOPIC	OUTCOME	NEXT STEPS
Welcome & Introductions	<p>Rebecca Garrett, Chair, called the meeting to order at 10:15 a.m. Members, staff and guests introduced themselves.</p> <p>Commissioner Burt welcomed everyone and thanked them for attending and acknowledged the importance of the day. He stated that the time, energy and effort put into the Council is much acknowledged and appreciated.</p>	
Agenda Update	<p>Jim Dailey was unable to attend today's meeting, but will present the information about DIVERTS at the November meeting.</p>	<p>For information on DIVERTS please access the NAMI web site: http://www.nami.org/MSTemplate.cfm?Site=NAMI_Kentucky</p>
May Meeting Summary	<p>Robert Hicks made a motion to approve the May Meeting Summary. Trudy Abshire seconded and the motion carried.</p> <p>Michele Blevins shared as follow-up to the May meeting summary that a letter was sent out to solicit new membership in the category of parents of children with SED. She suggested that the Council needs to decide how these applications will be reviewed and processed.</p>	
Committees of the Council	<p>Ms. Blevins stated that the By-Laws Committee met on July 13th but that no other committees, established at the May meeting, have met yet.</p>	<p>The next meeting of the By-Law Committee will be Fri., Sept. 1, at the KARP Office - Lexington. Staff will send notice.</p>

<p>Block Grant Overview</p>	<p>Ms. Blevins noted that block grant copies were mailed to each member, however, copies with further revisions are in today's meeting packets.</p> <p>Ms. Blevins proceeded with an overview of the federal Mental Health Block Grant and the application process. Council members will be given time to read materials before and during lunch. She explained that the application is web-based this year and thus looks considerably different than in previous years.</p> <p>The Block Grant allocation for 2007 is approximately \$5.4M to support the state's community-based services array. In Kentucky, the majority of the funds are contracted to the fourteen Community Mental Health Centers (CMHCs). The Department for Mental Health and Mental Retardation Services is the state mental health authority and by federal mandate convenes this Council to advise them with their planning for use of these federal funds. Also, by federal mandate, the funds are strictly for community-based services for the two identified populations of adults with severe mental illness and children with severe emotional disabilities.</p> <p>Dan Howard commented that the BG is a small percentage of the overall operating budget for the Centers. (roughly 3%)</p> <p>Ms. Blevins explained that the application for these funds requires an advisory council with a mandated composition including a number of state agencies and also requires not less than 50% of the membership to be consumers, family members, and parents of children with SED.</p> <p>She explained that there are National Outcome Measures (data collected by all states) and additional, state selected, Performance Indicators. These are the measures to which the state is held accountable.</p> <p>Rita Ruggles stated that there are many federal mandates and a large quantity of narrative questions to be answered regarding Kentucky's systems of care for the target populations.</p> <p>The Council was very complimentary of the format and was pleased with the work that had been done. Mr. Hicks specifically stated that the application was excellent and complimented the staff.</p> <p>One council member voiced concern about accountability. Specifically she asked how we know if the funds are being used properly and if the money is doing what it was meant to do.</p> <p>Ms. Blevins stated that the Division of Administration and Financial Management monitors the money. The division performs program monitoring by looking at deliverables and working together to provide technical assistance and do whatever possible to move the system forward-with the limited resources available. The department spends the majority of its time on planning but will continue to work on improving the monitoring process.</p> <p>Dan Howard addressed accountability stating that the major part of the funds that go to the regions is held thoroughly accountable by cost reports, audits of cost reports, licensing and regulations, and the Division of the</p>	
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	<p>Office of Inspector General who performs reviews every year by comparing the performance with what the contract required. The departmental staff also performs monitoring at periodic intervals and follows up with L&R. The day of consumer involvement and family involvement is growing and we need to commit more money for that purpose, but are unlikely to get it from Congress, but from other sources such as the Kentucky General Assembly. He further stated that it is unlikely we will see growth in BG monies in the near future.</p> <p>Commissioner Burt said Dan had made two really good points. First, the trend is set in the direction that the block grants are not going up, but going down. The federal government has been pumping money into it for a number of years and now it is left up to the individual states to do what they think best. Second, with regard to auditing, we are utilizing and contracting federal money – at some point, the feds will come in for a complete audit.</p>	
Updates on Commissions (HB 843, HB 144 & Autism)	<p>Rita Ruggles provided an update on HB 843's July 12th meeting at which there was a panel presentation regarding the Emergency Services Array in Ky. Council members were reminded of the technical assistance grant awarded from NASMHPD to allow Kentucky to bring in national facilitators and do a systems mapping exercise to assist in formulating a plan to address the need for greater collaboration and mutual agreement among first responders and community providers (e.g., corrections, in-patient and community-based services and support providers, etc.).</p>	

Targeted Technical Assistance Grant (Rita)	<p>Rita then discussed the Systems Mapping Project which is a strategic action that is used to identify and outline a plan to deal with problems associated within the system. When a person with a mental illness ends up in an emergency room, quite often the hospital does not have a psychiatric unit or a psychiatrist to see the individual. These are voluntary admissions and it is often difficult to deal with them to make sure they receive the help they need. It has become a more pronounced problem since the closing of so many psychiatric beds across the state. The goal of this project is to develop a plan to provide a timely assessment, stabilization and transportation for voluntary admissions. It should also foster collaboration among the small hospitals, CMHCs and local law enforcement agencies. We would like to take the outcomes of this mapping project statewide so it can be utilized on the local level. This tool will help identify problems in the system and develop a correction plan that can be used regionally.</p> <p>A consultant for this project, David Wertheimer, will be coming to the next HB 843 meeting on September 13. The meeting will be a closed meeting for the Commission members and 15 to 20 other invited individuals. Hopefully this will be a very productive meeting and lead the state toward real progress. It will help some of these other systems outside the MH system to understand what happens when there is not adequate funding for community-based services for the state and the cost to all these other systems. When mapping the system occurs, it will be clear to the courts, law enforcement and the private sector and it will get it on their radar screen to lobby the legislature. The consultants will be returning on December 13</p>	
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	to help to develop an action plan. Council members asked if consumers would be a part of these discussions. It was explained that there is consumer representation on the HB 843 Commission. Various comments and questions followed. Ms. Ruggles stating that this is the first step at the state level to address the issue. There will be cabinet secretaries, commissioners and legislators at this meeting but it will be replicated on a regional basis.	
Other State Agencies Project	Updated information about the "Other State Agencies" project was shared by Louis Kurtz. Kentucky hopes to learn soon that we will be an added participant for the project this year. Mr. Kurtz shared that he might be calling on some other state agencies in the near future to share more information and solicit their assistance with collecting needed information/data.	
Block Grant Narrative and Performance Indicators	<p>Rita Ruggles, Kentucky's "Adult Planner," discussed some of the goals, targets and action plans for the 2007 NOMS and state performance indicators for Adults.</p> <p>Michele Blevins, "Child Planner", discussed same for Child indicators. Comments were solicited and noted to be incorporated into the application before the September 1 due date.</p> <p>Specific comments from the Council are noted in the application.</p>	
Drafting of letter	Ms. Blevins stated that a letter is needed from the Council stating they have reviewed the plan and any comments they wish to include are welcome. Rebecca Garrett, Council Chair will sign the letter. Ms. Garrett shared that she was informed at the national technical assistance meeting in June that personal notes/letters from members are well received by reviewers. She asked anyone who would like to have their letters included with our application to send them to her.	The State Planners and the Council Chair will attend the "Consultative Peer Review" for the Southeast Region November 14-15, 2006 regarding the 2007 plan.
Public Comment	None	
Adjournment	Meeting Adjourned at 2:15.	
Next Meeting	<p>The next meeting of the Council will be Thursday, November 16, 2006, 10:00am-2:00pm, at the Department for MHMR Services in Frankfort.</p> <p>Members were given a schedule of tentative dates for the 2007 Council meetings. These will be voted on at the November meeting.</p>	